

BULLITT COUNTY 4-H



JANUARY

2022

Welcome to a brand new year! We are so excited to start the 2022 year with all of our Bullitt County 4-H community. This newsletter will provide you a recap of some of our current projects with the community and also some exciting opportunities for upcoming programs.

Now is a fantastic time to join us on our Bullitt County Cooperative Extension Facebook page! We'll be updating with each new program and club as we're able to hold with social distancing restrictions, of course. Huge thank you to all of our volunteers that made 2021 a success and we can't wait to make this year an even better one with you all. Thanks!

-Samantha



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Samantha Gamblin

Samantha Gamblin
Samantha.Jeffries@uky.edu



TEEN SUMMIT

Kentucky 4-H Summit is held annually at the Kentucky 4-H Educational Center in Jabez, KY. This program is for middle school aged youth who are currently enrolled in 6th, 7th, or 8th grades. This program is designed to develop leadership, citizenship, and communication skills. We hope that through participation, 4-H members will make new friends by *belonging* to a group, *master* new skills by participation in dynamic workshops, exert *independence* in a group-living situation and practice *generosity* through a service learning experience. All delegates will take one leadership workshop taught by members of the Kentucky 4-H State Teen Council. Delegates choose an additional 3 workshops and 2 funshops. The three day, two night conference ends with a motivational program sponsored by one of our state teen program boards/councils.



4-H Summit

MIDDLE SCHOOL
LEADERSHIP CONFERENCE

March 17-19

CONTACT YOUR 4-H AGENT
FOR DETAILS!



\$65.00

Check made to: Bullitt
County 4-H

Deadline: February
18th, 2022

4-H CAMP 2022

**Lake Cumberland 4-H Camp
June 16-20, 2022 Thursday-Monday camp week this year
Deadline to register/payment May 1st.
\$210.00**



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4-H CAMP 2022



Bullitt County 4-H Camp 2022 at Lake Cumberland



June 16-20, 2022

Youth ages 9-13 years old

To reserve your spot please fill out this form, and return it to the Bullitt County Extension Office as soon as possible. Once the last spot has been filled, we will start a wait list.

Once you return this filled out form, we will reserve a spot for you and mail you a camp application packet. **Once you complete your application turn into the office with payment.**

Camper's Name: _____ AGE: _____ Circle one: M / F

Home Address: _____

Phone : _____

Camper's T-shirt size: _____

School child attends: _____

**\$210
Camper Fee**

Deadline for 4-H Camp fee:

May 1, 2022

(No Payments will be accepted after May 1

Questions: (502) 543-2257 OR

Email: sjeff2@uky.edu

Samantha Gamblin, 4-H Youth Development Agent

Remit this form to:

**Bullitt County Cooperative
Extension Service**

**Attention: Samantha Gamblin
384 Halls Lane
Shepherdsville, KY 40165**

By email– sjeff2@uky.edu

Walk-In– Give to front desk

Mail In– See above address

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with prior notification.



COMMUNICATIONS DAY

BULLITT COUNTY COMMUNICATIONS DAY

4-H Demonstration Contest March 29th, 2022

Mark your calendar for the 4-H Speech and Demonstration Contests! The Demonstration contest is much like the speech contest only you will need to include visual aids and show us "how to" do something! Participants will be divided according to age and topic categories. Categories include: Agriculture, Animal Science, Clothing, Crafts, Foods, Dairy Foods, Electric, General Health, Home Environment, Horticulture, Photography, Safety, Small Engines and Shooting Sports. All Demonstrations should be 5 to 15 minutes in length. Visual aids are encouraged in the demonstration contest however, live animals must be kept at home!

*Please complete the form below and mail it to us by **March 1, 2022**
The registration form can be mailed to the Bullitt County Extension Office
384 Halls Lane Shepherdsville, KY 40165*

4-H Demonstration Registration Form

Name _____ Address _____

Age (as of 1/1/22) _____ Date of Birth ____ / ____ / ____ Phone _____

School _____ Teacher _____ Grade _____

Demonstration Title _____



4-H Speech Contest March 29th, 2022

The 4-H Speech Contest you will write and prepare a speech to give on any topic of your choice. You will give your speech to a panel of judges and guests. Youth, ages 9-13, must do a speech for 3-5 minutes. Youth, ages 14-19, must perform a speech for 5-7 minutes. The speech can be on any subject of your choice. Youth compete with other youth of the same age. They may only have note cards to do the speech; no other visual aids are permitted. Please mail or send the 4-H speech contest registration form in before April 3rd to get entered into the contest!

*Please complete the form below and mail it to us by **March 1st, 2022**
The registration form can be mailed to the Bullitt County Extension Office
384 Halls Lane Shepherdsville, KY 40165*

4-H Speech Contest Registration Form

Name _____ Address _____

Age (as of 1/1/22) _____ Date of Birth ____ / ____ / ____ Phone _____

School _____ Teacher _____ Grade _____

Speech Title _____





I LOVE COWS ESSAY CONTEST

DUSTIN WORTHINGTON "I LOVE COWS" ESSAY CONTEST



Want to win a young Cow or Heifer?

Applicants must be an active members of
4-H or FFA

Open to any youth in Kentucky

Application Deadline – March 3



Dustin Worthington
1982-2000

To be awarded on April 4th

Applications are available from Your Local 4-H Agent or FFA Advisor
or Visit the Dustin Worthington "I Love Cows" Website for more
information: www.dustinworthingtonmemorial.org

Anyone who has an interest in the cattle industry, 4-H or FFA is asked
to make a contribution to the fund.

Contributions to the Memorial Fund please mail to:
Dustin Worthington "I Love Cows" Memorial Fund, 436 Arrowhead
Road, Harrodsburg, Kentucky 40330

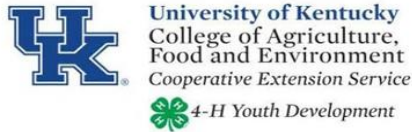


Questions please contact
Dena Worthington
859-612-7260





4-H PROJECT GO!



KENTUCKY 4-H PROJECT GO!



Elevator Speeches

Has anyone ever asked you a simple question, maybe to explain an activity you enjoy or to tell them more about something you love? Have you ever been stumped with how to explain all the details in a short period of time? This lesson will help you learn the basics of an elevator speech, which is a short persuasive speech to spark the interest of your audience. Remember these things:

- An elevator speech is different than a traditional speech because of the length! Keep it short! It needs to be no more than 60 seconds, or the length of an elevator ride.
- This type of speech is typically more personal, you are sharing about your experience.
- Remember to HOOK your audience, you can do that with a strong action phrase in the beginning and a solid call to action at the end!
- Although an elevator speech is short, it is important to practice. This is a persuasive speech. A good persuasive speech is thought-provoking and shares a clear opinion. The goal of a persuasive speech is to convince the audience why your experience and thoughts matter.

Sundberg, J. How to create a memorable elevator pitch. Retrieved: <https://theundercoverrecruiter.com/how-create-your-memorable-elevator-pitch-four-simple-steps/>

Belczyk, C.L. 4-H Camp Ambassador Training. Retrieved: https://4hcantercave.osu.edu/sites/cantercave/files/imce/Camp_Ambassador_LessonPlan-%20ElevatorSpeech.pdf

Materials Needed

- Elevator Speech Video
- Writing Utensil
- Paper or Notecards

Example Topics for Elevator Speech

- What is 4-H?
- Why should I go to 4-H Camp?
- What is your favorite 4-H project or activity?
- Why should I enroll in 4-H?
- Why is it important to support 4-H programs?
- What are lessons 4-H can teach young people?
- Does 4-H teach life skills, such as communication and teamwork?
- Why should young people participate in community service projects?

Learner Objectives	Skill/ Grade Level	Curriculum	Life Skills	Educational Standards	Video Lesson
Utilizing this outline youth will craft an elevator speech.	Beginner Ages 9-18	Communications Curriculum	Communication Social Skills Planning/Organizing Critical Thinking Marketable Skills	National 4-H Mission Mandates Common Core Standards	

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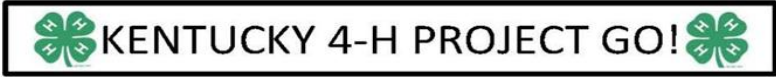




4-H PROJECT GO!



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
4-H Youth Development



Do the Activity:

When you are crafting your elevator speech, you first need to know your topic or purpose. Ask yourself these questions after you identify your topic/purpose of the speech:

- 1) What value do I provide to this topic?
- 2) How do I provide this value?
- 3) What is unique about my experiences?
- 4) Who is my target audience?

When crafting your elevator speech, remember these four important parts:

- 1) Start with an action phrase, this is to get the attention of your audience.
- 2) Introduction, here you introduce yourself and why you are qualified to be talking about your subject.
- 3) Highlights, during this portion talk about your experiences and the impact those experiences have had on your life.
- 4) Call to Action, a simple statement that leaves your audience thinking, "How can I get involved?"

Choose a topic, craft your speech, and find a partner to share your elevator speech with! The more you practice, the more confident you are, the more confident you are, the more convincing you are in your speech! Now, go practice!

Reflect:

- 1) How did you decide what was the most important information to share?
- 2) What was the most difficult part of this activity?
- 3) What was the easiest part of this activity?

Apply:

- 1) In what situations do you think you may need an elevator speech?
- 2) Think about how practicing your elevator can help you as a public speaker and set a goal to step out of your comfort zone and put yourself in situations to deliver your elevator speech!

Learn more at www.kentucky4h.org or contact your county extension office.

Extended Learning	Civic Engagement	Communications	Exhibit	References
Expand your comfort zone and introduce yourself to people you don't know. Practice your elevator speech!	Run for office in your 4-H club! Prepare your elevator speech based on the offices you are interested in.	Continue to work on your communication skills and build a longer speech or expand into a demonstration.	Enter your speech or demonstration into the county 4-H communication contest.	Rachel Guidugli, Extension Specialist for 4-H Youth Development, University of Kentucky College of Agriculture, Food and Environment

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4-H GLOBAL TABLE



University of Kentucky
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Food and Environment
Cooperative Extension Service



4-H Global Table

Ghana, Liberia, and Kentucky

Deadline
February 1



SCAN ME

Join us in a cultural exchange with other 4-H Programs across the globe! Trade recipes, cook exciting new meals and meet people from all over the world.

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*Bullitt County
384 Halls Lane
Shepherdsville, KY 40165
(502) 543-2257
(502) 543-6940*

I pledge...

my **head** to clearer thinking,
my **heart** to greater loyalty,
my **hands** to larger service, and
my **health** to better living for
my **club, my community,**
my **country, and my world.**

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